

CURRICULUM VITAE

Dr. Deeksha Saraswat

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Objective

Encourage active learning and group participation in the classroom, thereby helping students to become productive and successful citizens.

To obtain a position that will enable me to use my strong classroom skills, educational background and ability to work well with others.

Experienced special education counselor with skills to overcome challenges and help students and peers achieve goals.

Academic qualifications

S.N	Qualification	Year	Institute/ Board/University	Division
1.	Ph.D.(Education)	2020	Banasthali Vidyapith Jaipur	
2.	M. Sc.(Physics)	2015	Dr B.R.A. University Agra	1 st
3.	M.Ed.	2013	Banasthali Vidyapith Jaipur	1 st
4.	B. Ed	2012	Banasthali Vidyapith Jaipur	1 st
5.	B. Sc. (PCM)	2011	Dr B.R.A. University Agra	1 st
6.	Sr. Secondary (12 th)	2008	CBSE Board	1 st
7.	Secondary (10 th)	2006	CBSE Board	1 st

NET / TET Details

- UGC NET 2018 in Education.
- C.T.E.T. 1st & 2nd paper pass out in 2019
- REET 2nd paper pass out in 2018 & 2022
- UPTET 1st & 2nd paper pass out in 2019

Experience

- Working as an Assistant Professor, School of Education, Adamas University, Kolkata, W. Bengal
- 10 month experience as Assistant Professor, School of Education, Lovely Professional University, Jalandhar, Punjab
- 3 years experience as Assistant Professor in the School of Education, Jaipur National University, Jaipur
- Two years experience as a lecturer in Shanti Devi Shri nath Bhargava B.Ed college, Mathura
- One Year Experience as TGT and V.P.S. Public School, Mathura UP

Paper Presentation / Research Papers

- Published Paper Saraswat, Deeksha, “ AI-Driven Pedagogies: Enhancing Student Engagement and Learning Outcomes in Higher Education” International Journal of Science and Research, Vol 03, Issue11, 1152-1154
- Artificial Intelligence in Education: Transforming Learning and Teaching” International Journal of Emerging Knowledge Studies, Vol 03 issue 07, 324-327
- Published Paper Saraswat, Deeksha, “Artificial Intelligence in Education: Transforming Learning and Teaching” International Journal of Emerging Knowledge Studies, Vol 03 issue 07,324-327
- Published Paper Saraswat, Deeksha, “Exploring the influence of Gender and Neuro Linguistic Programming on Acoustic Communication: A Combined Approach” Technische Sicherheit, Vol 24, issue 8, 475-488
- Published Paper Saraswat, Deeksha, “Validity and Reliability study of Human Problem Solving Space detection test” African Journal of Biological Sciences, vol 6,issue-13 7898-7917
- Published Paper Saraswat, Deeksha, “Construction and Validation of Acoustic Communication Inventory” Education and Society, Vol 48, No-4, April-Jun 2024, pp-151-156
- Published paper Saraswat, Deeksha, “Role of Neuro Linguistic Programming in improving Listening and Speaking Skill” Educational Resurgence Journal, Vol. 5, Issue 2, Jan 2023, pp-31-35
- Published paper Saraswat, Deeksha and Gopalkrishnan, Vinita S. “Intervention of Multiple Intelligence during Neuro Linguistic Programme for Acoustic Communication” International Journal of Social Science and Economic Research, Vol. 04,No.06, June 2019,pp. 4440-4447
- Published paper Saraswat, Deeksha and Gopalkrishnan, Vinita S. “Comparison of Neuro Linguistic Programming treatment with that of Conventional Method on Acoustic Communication” International Journal of Research Cultural Society, Vol. 3, No. 7, July 2019, pp-23-25
- Paper presentation on Development of participatory Acoustic skill through Neurolinguistic Programming on 17 Feb 2019 at Banasthali Vidyapith

- Paper presentation on Role of Acoustic Communication in Teaching Learning on 23 Oct 2016 at Banasthali Vidyapith
- Paper presentation on Neuro Linguistic Programming for Professional Development on 1 Jan 2017 at Banasthali Vidyapith

Published Book

- Published Book Saraswat, Deeksha, “Neuro-Linguistic Programming on Acoustic Communication” Lap Lambert Publishing House

Book Chapters

- Published Book Chapter “Play as Pedagogy: How Indigenous Games Foster Cognitive Development” Revitalizing Indian Education : Insights from the Indian knowledge system, Jan 2025
- Published Book Chapter “ Mindfulness and well Being: Integrity Mindfulness Practices in Education” Equity, Diversity and Inclusion in Education, December 2024, pp-108-115
- Published Book Chapter “Action Research in Educational settings” Educational Research Approaches, Trends and Challenges
- Published Book Chapter “ Mindfulness and well Being: Integrity Mindfulness Practices in Education” Mental Health and Student well being, September 2024, pp-344-350
- Published Book chapter “Unveiling Parallels: The Interconnection of Neuro Linguistic Programming and Cognitive Behavioral Therapy” Modern Trends in Multi-Disciplinary Research, Vol 2, Jun 2024, pp-66-70
- Published Book chapter “Modern Trends in Multi-Disciplinary Research” Modern Trends in Multi-Disciplinary Research vol 1, Jun 2024, pp-4-12
- Published Book chapter “Development of Participatory Learning Skills through Neuro Linguistic Programming” New Trends and Emerging Pedagogical Innovations in Teacher Education, April 2024, pp-276-285
- Published Book chapter Saraswat, Deeksha. “The Mental Health of University Students: A Review” Psycho-Social factors in Education, Lap Lambert Academic Publishing, April 2023, pp-122-139
- Published Book chapter Saraswat, Deeksha. “A review of socio-economic differences and socio-cultural adjustment on the mental health of university students” Psycho-Social factors in Education, Lap Lambert Academic Publishing, April 2023, pp-140-149
- Published Book chapter Saraswat, Deeksha. “A review of social interaction and self-independent literature in university students: a mental health perspective” Psycho-Social factors in Education, Lap Lambert Academic Publishing, April 2023, pp-50-161
- Published Book chapter Saraswat, Deeksha, “Promising Technique of Acoustic Communication: Neuro Linguistic Programming” Advances in Literature, Social Science, Commerce and Management Vol-II, Bhumi Publishing, Sept 2022, pp- 80-92

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- 'Acoustic Communication Inventory' by National Psychological Corporation, Agra in 2023
- 'Source Respondent Rapport test' by National Psychological Corporation, Agra in 2023
- Accepted 'Reaction towards Neuro Linguistic Programming' by National Psychological Corporation, Agra in 2023

Dissertations

- Worked as Supervisor of dissertation entitled as " Madhyamik star k vidyathiyon mein media sakarta ka adhyan" in 2023
- Worked as Supervisor of dissertation entitled as "Dholpur jile mein adhyanrat uchcha madhyamik star k vidyathiyon mein loktantra ki avdharna ke prati jagrukta ka adhyan"
- Worked as Supervisor of dissertation entitled as " Madhyamik star ke hindi v angreji bhasha madhyam ke vidyarthiyon mein sampresan koshal and vyaktitva ka tulnatmak adhyan"

Seminar / Workshop Attended

- Attended webinar on How to prepare a research outline organized by ELTAI Khandeh on dated 27 July 2024
- Attended seminar on Relevance of Indian Ancient Trade, Industry and management practices in present scenario organized by Department of Commerce under the aegis of IQAC swami Vivekanand Govt college Budhni on dated 16 July 2024
- Attended workshop on DigiEducator from May 26 to May 31, 2024, at K R Mangalam University in collaboration with Digital Circle
- Attended faculty development programme on NEP orientation and sensitization programme under MMTTP on April 12 to April 22, 2024, at Central University of Gujrat
- Attended the short-term course on Event Management from May 22 to May 27, 2023, at Lovely Professional University
- Attended training programme by National Intellectual Property Awareness Mission on May 18, 2023
- Attended short-term course on Research writing skills on Jan 02 to Jan 07, 2023 at Lovely Professional University
- Attended workshop on Digital Creativity Skills on Nov19 to Nov25, 2022 at Lovely Professional University
- Attended workshop on Intellectual Property Rights for Sustainable Development on Aug 22 to Aug 27, 2022, at Lovely Professional University
- Attended Faculty Development Programme on Advanced level Research Guidance Workshop on Feb 4 to 25 March 2022 at Jaipur National University

- Attended workshop on Implementation of National Education Policy 2020: Teacher Education on 16 Dec 2021 at Jaipur National University
- Attended National Workshop on Yoga, Health, and Happiness on 10 to 16th Feb 2020 at Jaipur National University
- Attended National Dialogue on Teacher Education in India: Present status and challenges by MHRD on 16-17 Feb 2019 at Banasthali Vidyapith
- Attended National Seminar cum Workshop on Enhancing Professional Capacity Courses For Teachers sponsored by MHRD on 28 Dec 2016 to 1 Jan 2017 at Banasthali Vidyapith
- Attended National Seminar cum Workshop on Planning for Effective Teaching sponsored by MHRD on 18-22 Dec 2016 at Banasthali Vidyapith
- Attended National Workshop on Research Methodology and Statistics sponsored by UGC, on 17-23 Oct 2016 at Jaipur

Webinar Attended

- Attended International Webinar on Balanced Diet: what is it and how to crack it on Jun12,2024 by NDLI and Department of Library and Information Centre in association with Department of Management & IQAC, Christ College of Science and Management.
- Attended National Intellectual Property Awareness Mission on May 18, 2023 by Intellectual Property Office, India
- Attended National Webinar on COVID 19 social work Education and practice: Emerging opportunities and challenges by Vivek College of Education, Bijnor
- Attended National Webinar on Boosting up your emotional immunity by Jagannath University, Jaipur
- Attended webinar on Scenario of the online educational system in Indian perspectives: challenges and strategies by Genesis of Educational Impressions
- Attended National Webinar on Stress Management during Covid 19 by Jagannath University, Jaipur
- Attended National Webinar on Mental health and COVID 19 pandemic by Jain Vishwa Bharti institute, Ladnu
- Attended National Webinar on ways leading to be a visionary reformer by Lal Bahadur Shastri college of Education, Jammu
- Attended webinar on NEP 2020 at Jaipur National University, Jaipur

Computer skills

- Well knowledge of Computer Fundamental
- Well acquainted with MS- Office 2007,2010, 2013
- Fedena School Management Software, Educa Games, Bulb, Canva, E Draw
- Well knowledge of E-Portfolio, SPSS, Atlas Ti, Adobe Photoshoot

Skills

- Learning, Design & Technology

- Online learning Tools
- Research & Implementation
- Technology Integration
- Curriculum Development

Other interests

- Reading Newspapers and Magazines
- Social service towards under-privileged children in my community

Personal details

Father's Name : **Mr. Anil Kumar Saraswat**
Date of Birth : **15thMay1992**
Gender : **Female**
Language Known : **English, Hindi**
Nationality : **Indian**

Declaration

I hereby declare that particulars given herein are true to the best of my knowledge and belief.

Date : September 10, 2024

Place : Kolkata

Deeksha Saraswat